### AL 610 HIMALAYAN CURCUMIN TURMERIC POWDER

You will find many low priced Turmeric brands, since curcumin has already been extracted from them. Always buy Haldi with higher Curcumin for best health results.

Make sure you buy Curcumin rich Turmeric Powder for better health benefits.



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The use of turmeric dates back nearly 4000 years to the Vedic culture in India and had some religious significance. Turmeric (haridra) has been a part of Indian food culture for centuries and **it is mentioned as a herb with many medicinal values even in the Vedas** 

# ALIMENTE®



#### ALIMENTE - AL 610 HIMALAYAN CURCUMIN TURMERIC POWDER





# TRADITIONAL KNOWLEDGE & HEALTH BENEFITS OF HALDI

- 1. HALDI is strong ANTI-IMFLAMMATORY
- 2. HALDI Powerful Anti-Oxidant
- 3. **HALDI** protects and nourishes your **SKIN**
- 4. **HALDI** has antibacterial, antifungal, and antioxidant properties help in **HEALING**
- 5. HALDI builds IMMUNITY
- 6. HALDI helps to reduce COLD & COUGH

## ALIMENTE - AL 610 HIMALAYAN CURCUMIN TURMERIC POWDER

The hidden GOLD in ALIMENTE - AL 610 HIMALAYAN CURCUMIN TURMERIC POWDER by consuming 2 g of HALDI daily, Available in 300 g -MRP - ₹ 860/- & 100 g - MRP - ₹ 293/

### WHY ALIMENTE - AL 610 HIMALAYAN CURCUMIN TURMERIC POWDER?

It is not the Turmeric that does miracles but its the **CURCUMIN**, a natural component in the rhizome of Turmeric (Curcuma longa). Curcumin is known to be beneficial in fighting cancer, boost immunity, cardiovascular diseases, arthritis, inflammatory bowel disease, ulcers, gastritis and diabetes.

#### **ANTI INFLAMMATORY:**

**HALDI** as Anti-Inflammatory: Research has shown curcumin to be highly effective in reducing inflammation. The anti-inflammatory effect of curcumin is most likely mediated through its ability to inhibit cyclooxygenase-2 (COX-2), lipoxygenase (LOX) and inducible nitric oxide synthase (iNOS)

#### **ANTI-OXIDANT:**

**HALDI** is Powerful Anti-Oxidant: Curcumin is also a powerful anti-oxidant and thus protects our body from free radicals, reducing the risk of heart disease and cancer





