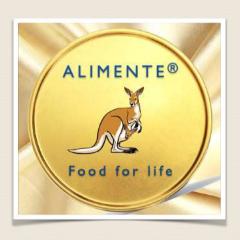
# AL 984 TULSI FLOWRA HONEY

TULSI FLOWRA HONEY is 100% natural, filled with nectar collected from flowers of the Holy Basil (Tulsi) herb, is delicately mild and sweet with all goodness of TULSI. Consume TULSI HONEY in warm water, warm milk or green tea. With each sip you will experience new freashness, stamina and energy.



## ALIMENTE®



Refined sugars may increase your risk of obesity, type 2 diabetes, and heart disease. They're also linked to a higher likelihood of depression, dementia, liver disease, and certain types of cancer.

Replacing your white sugar with Pure Honey offers you health benefits without lossing on your sweetness of food or drink.

### **ALIMENTE® PRIVATE LIMITED**

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## ALIMENTE®



## ALIMENTE - AL 984 TULSI FLOWRA HONEY





# TRADITIONAL KNOWLEDGE & HEALTH BENEFITS OF HONEY

- 1. **HONEY** is strong **IMMUNITY** builder
- 2. HONEY helps in WEIGHT MANAGEMENT
- HONEY protects and nourishes your SKIN & HAIR
- 4. **HONEY** has antibacterial, antifungal, and antioxidant properties help in **HEALING**
- HONEY Helps you in getting SOUND SLEEP
- 6. HONEY helps to reduce COLD, COUGH, SOUR THROAT & SINUSITIS
- 7. **HONEY** helps in lowering down the risk of **HEART DISEASE**
- 8. **HONEY** prevents **ACID REFLUX**

### ALIMENTE - AL 984 TULSI FLOWRA HONEY

The hidden GOLD in ALIMENTE - AL 984 TULSI FLOWRA HONEY by consuming 18 g of honey appx 3 teaspoons daily, Available in 750 g - MRP - ₹ 995/- & 400 g - MRP - ₹ 590/

### WHY ALIMENTE - AL 984 TULSI FLOWRA HONEY?

HONEY helps in WEIGHT MANAGEMENT: Consuming honey right before bed time can help you burn more calories during the early hours of sleep. This ingredient is enriched with essential vitamins, minerals and healthy fats as well. Essential hormones in honey suppress appetite and aid weight loss.





MANAGES WEIGHT

MANAGES WEIGHT

#### SOUND SLEEP:

teaspoon (6-12g) with WARM WATER OR MILK. Honey helps your brain release MELATONIN, the hormone that your body uses to restore itself during sleep. This happens through a series of transformations in your brain: honey's sugars spike your insulin levels, releasing tryptophan, which becomes serotonin, and finally MELATONIN





**MANAGES HAIR & SKIN** 

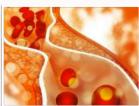
**SOUND SLEEP** 

### **HONEY PREVENTS ACID REFLUX:**

**HONEY** prevents ACID REFLUX - Honey is both antioxidant and free radical scavenging. Reflux may be caused in part by free radicals that damage cells lining the digestive tract. Relief from heartburn symptoms after consuming 6 ml (about one teaspoon) of plain honey.



LOWERING RISK OF HEART DISEASE



IMMUNITY BUILDER